



GSMW 2026 National Convention Travel Toolkit

Welcome to GSMW's 2026 National Convention Travel Toolkit. We're happy your troop is interested in traveling to the Girl Scouts' National Convention in Washington, D.C, July 20th through 25th.

This special six-day gathering only happens once every three years and will take place at the Walter E. Washington Convention Center. Convention kicks off with our 58th National Council Session (NCS) from July 20–22, where delegates from around the country and overseas gather to vote on and discuss issues important to our Movement, and elect leaders for the next triennium.

After NCS, from July 23–25, thousands more Girl Scouts (and alums, families, and non-members) stream into town for a multi-day event featuring interactive workshops, inspiring speakers, and once-in-a-lifetime adventures that spark forever friendships.

Girl Scouts Nation's Capital is our host council. We are grateful for their hospitality and support in preparing for and carrying out this important event for our Movement.

In this toolkit, you'll find resources to help your troop decide whether they're ready to travel, what steps to take to plan their travels, and how to follow through with budgeting, money-earning, booking transportation, packing, and traveling safely with your sister Girl Scouts.

In addition to this toolkit, you'll find handy links to sites and documents on the GSMW website to help your troop prepare for their voyage.

GSMW will also host a series of webinars to assist adult trip leaders with their questions and planning processes.

Important Notes:

- The GSUSA National Convention consists of two separate events:
 1. **The National Council Session** (July 20-22)
 2. **The girl program** (July 23-25)The National Council Session is open to National Council delegates who participate in the voting process but visitors to the National Council Session may also view the voting process. National Council delegates will register for the convention in a separate manner from the National Convention participants who want to attend the girl program.
- Early Bird registration is open now until October 3rd, 2025. Visit [GSUSA's convention registration page](#) for all pricing information.
- Hotel blocks may fill fast, so reserve your group's rooms now: <https://book.resiada.com/girlscoutsunite/general>

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Support Video Lineup:

Webinar & Video Support Topics Will Include:

October 2025:

- National Convention Toolkit Overview
- Troop Travel Readiness
- National Convention Travel Timeline
- Travel Options
 - Troop, Service Unit, Council, and Family Travel
 - Accommodations
 - Transportation
 - Additional Excursions (i.e. Museums)

January 2026:

- Money Management
 - Budgeting
 - Money Earning
 - Travel Scholarships
 - Use of Troop funds

March-May 2026:

- Troop Trip Requests
 - Timeline to submit paperwork to council
 - First Aid & CPR requirements
 - Additional excursions
- Travel Preparation
 - Parental Permissions & Agreements
 - Medical Information
 - Emergency Preparation

May 2026:

- Days of Travel
 - Group Agreement & Behavior
 - Safety & Security
 - Personal Budgeting & Money Management
 - Journaling
- Return from Travel
 - Take Action!

Travel Timeline

<p>September 2025</p>	<p>You are 11 months away from National Convention!</p> <ul style="list-style-type: none"> • Study the Troop Trips & Field Trips web page. • Complete the gsLearn course: GSMW Troop Travel Training. • Meet with troop and families to discuss the possibility of traveling to National Convention. • Review GSUSA’s Girl Scout Guide to U.S. Travel. • Assign your girls, parents, guardians, and troop leaders to take the “Am I ready for travel?” quiz on pages four to six of the Girl Scout Guide to U.S. Travel. If girls aren’t quite ready, start practicing travel now to prepare by July 2026. • The first troop meetings of the season should include a discussion of the travel timeline, money-earning for the trip, and other ways the troop will prepare for travel. • Set goals for Fall Product Program and more money-earning. • Now is a good time to have parents and guardians sign letters of agreement with regards to traveling to National Convention. See example an agreement within the toolkit. • Troops may discuss any additional money-earning opportunities they may undertake in the coming months. • Purchase early bird registration before October 3rd.
<p>October 2025</p>	<ul style="list-style-type: none"> • Be on the lookout for updates from GSUSA regarding their schedule of events for National Convention. • Have your troop research Washington, D.C. and surrounding areas. From their research, build and finalize your troop’s itinerary. • Finalize the trip budget and continue earning money. • Consider having your families pay a deposit or make monthly deposits toward the troop bank account to start paying for their travel expenses. Always write and keep copies of receipts! • Review Cookie Program money-earning goals. • Solidify your troop’s commitment to teamwork by playing team-building games. • Purchase early bird registration before October 3rd.
<p>November 2025</p>	<ul style="list-style-type: none"> • Continue selling Fall Product online. • Re-check the GSUSA site for convention updates. • Girl travelers should research financial assistance & scholarships. Girl Scouts can fill-out and submit travel scholarship forms. Girls can work together on their

	<p>presentations for the submission, but each girl should submit their own request form.</p> <ul style="list-style-type: none"> • Girls and trip leaders should research the weather for July in Washington, D.C. They should also prepare physically and talk about maintaining health and fitness for the trip. • Girls and adults can create a group agreement that includes behavior expectations and guidelines for cell phone use. • Trip leaders should prepare to fill out an online Troop Trip Request Form. The sooner these are submitted, the better chance GSMW can help prepare troops for the voyage. • Full price registration is now open.
December 2025	<ul style="list-style-type: none"> • Troops set goals for the 2026 Cookie Program and begin planning how they would like to sell cookies to help them earn funds for their trip. Start keeping tabs on the price of airline tickets to Washington, D.C.
January 2026	<ul style="list-style-type: none"> • Keep girls engaged by holding travel meetings. At each meeting, practice something new for the trip like catching public transportation or preparing a meal as a troop. • Decide how your troop will keep track of each other in public spaces like the airport, the convention, or museums.
February 2026	<ul style="list-style-type: none"> • Troops focus on money-earning goals, booth plans, and online sales. • Create and review a packing list. Have girls practice packing their bag.
March 2026	<ul style="list-style-type: none"> • Confirm hotel, airline, and bus and rental car reservations. • Hold a family meeting to ensure parents/guardians have all trip information, and have parent/guardians fill-out: <ul style="list-style-type: none"> ○ Permission for Minors to Travel within the USA ○ Consent for medical treatment forms ○ Health History forms
April 2026	<ul style="list-style-type: none"> • Your trip itinerary should be near completion. Trip leaders should be to submit their online Troop Trip Request Form. As of October 1, 2025, Girl Scouts travel groups no longer need to purchase Additional Insurance. • Prepare and submit a Travel Scholarship Form by the end of the month, if you have not already.
May 2026	<ul style="list-style-type: none"> • Finalize the individual and troop packing lists. • Ensure all participants have paid their dues to the troop for

	<p>travel expenses and that they have submitted all required paperwork to the trip leader.</p> <ul style="list-style-type: none"> • Re-visit all group agreements, and have participants sign a copy of the agreement.
June 2026	<ul style="list-style-type: none"> • Assign roles and kapers for the trip. • Have girls create their travel journals and write down their individual and group goals for the trip. • The last day to submit an online Troop Trip Request Form is two weeks before the start of your trip.
July 2026	<ul style="list-style-type: none"> • The trip is finally here! • Journal about your experiences. • Take lots of pictures and have a ton of fun! • Reflect with your troop daily - How are things going? What have you learned?
After the Trip	<ul style="list-style-type: none"> • Reflect with your group. • Celebrate your trip and your accomplishments with a dinner and slideshow for families and other Girl Scouts. • Share your experience with council by submitting a letter summarizing the highlights of your trip. Please send GSMW pictures, as well. All trip summaries and pictures can be sent to customer care@gsmw.org • Has your trip inspired you to Take Action? Plan your Take Action project (TAP) with your troop. • Has your trip inspired you to travel more? Start planning your next Troop Trip or look into GSUSA's Getaways and Destinations.

Submitting a Troop Trip Request Form

Once you've finalized your trip plans and have all your travel details in order, it's time to complete the online [Troop Trip & High-Risk Activity Form](#). This form must be submitted no later than two weeks before your departure. For the 2026 National Convention, however, we strongly recommend submitting much earlier — ideally by mid- to late May 2026.

When preparing your submission, please be aware that the online form is NOT a savable form, so prepare to include or upload the following information:

- Roster of all participants, adults and children. Adults must be registered volunteers with cleared background checks to serve as chaperones on trips.
- Detailed travel itinerary (including start/end dates, names of locales and/or addresses, & times)
- To qualify for Girl Scouts supplemental insurance, your trip will need:
 - An adult volunteer, traveling with the group, must complete GSMW's Troop Travel Training in gsLearn. Volunteers must complete this training every three years.
 - A currently certified First Aid & CPR provider at all times (or higher certification).
 - Drivers must be member volunteers and hold automobile insurance.
 - If your troop plans on swimming, a certified lifeguard must be present anytime girls enter water above their knees.
- Your group's flight schedule, flight numbers, and rental car company information.

Review the following documents about travel and high-risk activities (i.e. theme parks, water sports, etc.) your troop is planning while on the trip:

- Review [Volunteer Essentials](#) (Drop Down Section: Girl Scout Travel and Destinations)
- Review [Safety Activity Checkpoints](#) for travel, transportation, and other activities that require safety and risk management oversight (i.e. swimming, amusement parks, boats)
- Review [High Risk Activity List](#)

National Convention Travel Planning Worksheet

Your troop has decided on its adventure. Now, it's time to figure out how to bring it to life! Planning your trip can be just as fun as the trip itself.

Before you start, listen openly to everyone's opinions, and create a plan for how you'll make your final group decisions fairly. It might be a good idea to break up into teams to do more research on each topic.

<p>You're on your way to Washington, D.C! What kinds of things do you want to do while you're there? The purpose of this trip is to attend National Convention. Are there any other things you hope to do in Washington, D.C? Be sure to check Safety Activity Checkpoints for approved activities and their requirements.</p>	
<p>How long is this trip? How many days will you spend at Convention? Are you planning to spend extra days visiting museums or other attractions? Include your travel days getting to Washington, D.C. and coming home!</p>	
<p>When will you be travelling? The National Council Session will occur July 20-22, and the girl-focused program, <i>Girl Scouts Unite</i>, is scheduled for July 23-25, 2026. When do you plan to arrive? When will you return?</p>	
<p>How will you get there? Is there a bus or train? Will you fly? If you drive, how much will gas, tolls, and parking cost? How long will the drive take? How many drivers will you need? If you plan to do extra activities, how will you get around Washington, D.C? Will you stay at a convention resort where transportation to/from the convention is provided? Check Safety Activity Checkpoints for regulations on Uber, Lyft, etc.</p>	
<p>Where will you stay? Will you stay in the convention's discounted rooms? Will you find your own accommodations? Do you need accommodations along the way? Check Safety Activity Checkpoints for regulations on short-term rentals.</p>	
<p>What will you eat? Can you make any of your own meals to save money? Are there any local foods you want to try? How will you accommodate girls with dietary restrictions? Don't forget about snacks and water!</p>	

<p>How can you include every girl who wants to come? Think about all the reasons a girl might NOT be able to go. What can you do to make the trip possible for every interested girl?</p>	
<p>How many adults will need to come on your trip? Check the Adult to Girl Safety Ratios in Volunteer Essentials to find the minimum number of adults needed to take this trip. Will other adults be welcome to go on your trip also? How will adults cover the costs of the trip?</p>	
<p>How will this trip add to your Girl Scouts Leadership Experience? Will you earn badges before, during, or after? What about connecting to the local community through community service or a Take Action Project (TAP)?</p>	
<p>How much will your trip cost? Make a rough list of expenses that includes accommodations (e.g., hotel, campsite, etc.), transportation, food, and activities. Don't forget to budget for tips! What else will you need to account for? Should each girl have a personal (not troop money!) budget for souvenirs and extras? Use the sample Budget Planning Worksheet, seen below, to help!</p>	
<p>How will you earn money to pay for your trip? Through the Fall and Cookie Programs? Are there other money-earning ideas you have? (Get approval from GSMW, and work together as a team so everyone has the same benefit.) Do girls in your group have the ability to save individually through chores, jobs, etc?</p>	
<p>How can you help on the trip? What kinds of things will you need to do once you're travelling, and how can girls share the work (e.g., meal planning, cooking)? Create a draft Kaper chart.</p>	
<p>How will you share your experience when you return? Will you do a TAP or make a presentation to other Girl Scouts? What are your ideas or will you think of ideas while traveling?</p>	

Parent-Troop Letter of Agreement (Sample)

Planning a big trip like the **Girl Scouts National Convention** is exciting, but it also takes teamwork. To help make the experience successful, GSMW strongly recommends trip leaders and families sign a commitment.

The form should focus on **clarity, fairness, and shared responsibility**:

- Parents, girls, and leaders all know the trip cost, payment schedule, and fundraising goals.
- Girls learn leadership and responsibility by participating in fundraising and planning, and families support them along the way.
- Money earned through cookie sales, the Fall Product Program, and other troop activities goes toward the group's trip—not individual accounts.
- Leaders can make reservations and organize activities knowing all families are committed.

Signed forms show that your group is ready to work together to make this trip a memorable and empowering experience. Here is suggested wording for your troop-parent agreement:

Financial Commitment

- Each family agrees to contribute \$_____ toward their Girl Scout's travel.
- Payments will be made according to the following schedule:
 - Payment 1: \$_____ due _____
 - Payment 2: \$_____ due _____
 - Final Payment: \$_____ due _____

Fundraising Commitment

- All money earned through **Fall Product, Cookie Program, and troop money-earning activities belongs to the troop**, not to individual girls.
 - Each Girl Scout agrees to do her best to participate in the Fall Product and Cookie Programs and take part in additional troop money-earning activities

Troop Guidelines

- Adult volunteers will fund their own travel; troop funds are reserved for Girl Scouts.
- Troop leaders will provide clear communication, fundraising goals and payment deadlines.

Cancellation Policy

If a Girl Scout withdraws from the trip:

- Personal contributions will be: Fully refunded Partially refunded Non-refundable (troop choice)
- Funds raised through product program or troop money-earning remain with the troop.
- Troop cancellation deadline: _____

Acknowledgment of Agreement

Girl Scout Name: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____ Date: _____

Girl Scout Signature: _____ Date: _____

National Convention Budget Planning Worksheet (Sample)

Budget: Expenses

Item	Cost				Total Cost
Food	_____ Attendees	X	\$4.00 per meal	X _____ meals =	\$ _____
Mileage	_____ Miles	X	\$.14 per mile	X _____ cars =	\$ _____
Transportation	_____ Attendees	X	(costs)	=	\$ _____
Activity Fees	_____ Attendees	X	(fees)	=	\$ _____
Lodging			(rate)	X _____ days =	\$ _____
Other					\$ _____
Subtotal					\$ _____
Total Cost Per Girl Attendee					\$ _____

- A. Food (ex: \$4.00/girl/per meal)
- B. Mileage (ex: \$0.14 mile/car)
- C. Transportation (airfare, bus, taxi, subway, train, etc.)
- D. Activity Fees (use separate page for details pertaining to museums, amusement, etc)
- E. Lodging (campsite, motel, church, etc)
- F. Other (please explain costs)
- G. Subtotal: Add all costs together

Total Cost Per Attendee: Subtotal divided by the number of attendees is the total cost per girl

Budget: Income

Adult Fees	\$ _____
Money Earning Activities	\$ _____
Girl Fees	\$ _____
Other	\$ _____
Total Income	\$ _____

Additional Money-Earning for National Convention

A significant portion of your National Convention travel expenses can—and should—be funded through participation in the Girl Scouts Fall Product Program and Cookie Program. If your troop's money-earning goals cannot be met through these financial literacy programs, girls may then take part in [additional approved money-earning activities](#).

It's important to balance these activities with strong participation in Fall Product and Cookie sales. Troops and Service Units that participate in product programming not only support their own goals, but also strengthen GSMW as a whole. Your involvement in both programs helps the council provide travel scholarships, financial assistance for memberships and program fees, uniform pieces, property upkeep, and resident camp.

In short: when girls take part in the Fall Product Program and Cookie Program, they're supporting opportunities for all Girl Scouts in our council.

[Additional Money-Earning Requests](#) (AMER) are approved based on the following criteria:

1. The need for earning additional funds to support a Girl Scout program is well documented.
2. There is clear value to girls and relationship with the Girl Scout Program.
3. Safety guidelines and all policies of GSUSA and GSMW must be followed.
4. Girl members may not engage in any direct solicitation for money. Adult members in their Girl Scout capacities may not solicit financial contributions for purposes other than Girl Scouting.
5. Troop/Service Unit Financial Records must be up-to-date prior to submission of the [Additional Money Earning Request](#). This includes the Year-End Financial Report with appropriate bank statement.
6. Volunteers leading girls in Money-Earning activities must obtain approval through submitting an [Additional Money-Earning Request Form](#).
7. All Additional Money-Earning activities by Girl Scout troops need Council approval prior to the money-earning event. Complete and submit the [Additional Money-Earning Request form](#) at least 2 weeks prior to the start of your money earning project.
9. The maximum number of AMER projects per year, not including Fall Product Program, Cookie Program is based on grade/age.
 - a. Daisy Girl Scouts may not participate in Additional Money-Earning projects (per GSUSA)
 - b. Brownie Girl Scouts (1 per year)
 - c. Junior Girl Scouts (2 per year)
 - d. Cadette/Senior/Ambassador Girl Scouts (3+ per year upon Council approval)
10. Troops cannot raise money for another cause, organization or charity, but may choose to donate a portion of what they earn.

11. Troops or individual Girl Scouts cannot take orders for, sell or endorse a commercial product or a business of any kind. However, they may sell homemade items.
12. No Money-Earning activities may be conducted during the Council Product Programs (Fall Product Program or Cookie Program).
13. Girl Scouts may not participate in product demonstration parties, raffles, drawings, games of chance, the direct solicitation of cash, and the sale or endorsement of commercial products.
14. The income from product programs does not become the property of any girl member, volunteer or parent. All assets earned are property of Girl Scouts of Montana and Wyoming.
15. All troop/group funds are maintained in a troop/group bank account. Product Program proceeds **MUST BE DEPOSITED** into the troop/group bank account as they are received.
16. Know your local laws, in some towns, (i.e. Rawlins, WY), if residents have a “no solicitation” sign posted, instruct Girl Scouts not to knock on the door of the resident.

Girl Scouts can start personal money-earning as soon as you know you want to go to National Convention. They can start by saving allowance, mowing lawns, and babysitting, for example. For troop money-earning projects like craft sales, spaghetti feeds, and dances, there are guidelines in place to help you earn successfully and safely.

GSMW Travel Scholarship

Girl Scouts in our council are eligible to apply for our council’s [travel scholarship](#) once a year. A trip to National Convention is a great example of the type of travel opportunity our council loves to support. The GSMW travel scholarship is awarded in amounts up to \$250. Please note; in order to qualify for Travel Scholarships from the council, ***you must sell at least 200 boxes of cookies this year.*** In addition, girls are required to meet at least three of the following criteria:

- Participate in a Community Service Project and submit one page summary of project to council
- Participation in World Thinking Day
- Participation in the Fall Product Program (minimum \$250 per girl)
- Planning and executing a money earning activity to support the trip to include the submission of the Additional Money Earning Request form
- Recruit and register at least one new friend to join Girl Scouts through any Pathway (Troop, Travel, Camp, Events, or Series)
- The scholarship may be used for girl expenses for food, lodging, activities and transportation.

Please read the [travel scholarship form](#) for additional requirements and details. Along with the application, you are required to submit a one-page essay or multi-media presentation on how your travel experience will contribute positively to your Leadership Experience. Travel scholarship applications should be submitted at least two months prior to your departure for National Convention.

Have Girl Scout Rewards Cards to use?

If you'd like to use them to pay for part of your troop trip, just complete the form below and we'll process your payment.

[Girl Scout Rewards Card Redemption Form](#)

Air Travel for Minors

As a general rule, children under 18 don't have to show identification when passing through Transportation Security Administration checkpoints with a companion adult. But airlines can impose their own identification requirements, so your kids might need to show proof of age at the check-in counter or boarding gate, especially if they look older or younger than they actually are.

Older teens who look 18 might be questioned by the TSA, while children who qualify for a lower fare on an airline, train or other transportation might need to prove their age. Have your teen carry a school ID, a driver's license or another form of photo identification.

Real ID at the Airport

Minors (children under 18) **do not** need a REAL ID to fly domestically in the United States. The adult accompanying, however, them **will** need a REAL ID-compliant form of identification (or an acceptable alternative like a passport) as of May 7, 2025.

Here are some additional details and recommendations:

- **TSA's Policy:** The Transportation Security Administration (TSA) specifically states that children under 18 are not required to provide identification when traveling domestically within the United States.
- **Airline Requirements:** While TSA doesn't require it, it's always a good idea to check with your specific airline about their policies regarding minors, as they might have their own requirements or recommendations.

- **Unaccompanied Minors:** If your child is traveling alone (unaccompanied minor) and is eligible for TSA PreCheck, they **will** need an acceptable ID to use the expedited screening. Otherwise, if they are under 18 and traveling alone without TSA PreCheck, the adult bringing them to the airport will need an acceptable ID.
- **Proof of Age:** Although not always required, some airlines might ask for proof of a child's age, particularly for infants flying as lap children. In such cases, it can be helpful to have a copy of the child's birth certificate.

Medical Consent

If a Girl Scout is traveling with their troop without a related adult, and an unrelated adult is the chaperone, [a medical consent form](#) gives the accompanying adult the right to authorize medical treatment for the Girl Scout. Some people combine a medical consent form with a general [consent to travel form](#). Enclose a copy of the front and back of the child's medical insurance card.

High Risk Waivers

If the trip will include high risk activities such as indoor skydiving or rafting that require parental consent, you'll want to acquire the providing company's waivers beforehand for parents to sign.

Consent to Travel

In the United States, children do not usually need to carry a written consent to travel. If the courts are involved in the child's life, there may be orders restricting her ability to travel without permission of one or both parents. Some custody agreements forbid one or both parents from authorizing vacations without the other parent's consent. Likewise, foster children must get permission to travel from their caseworker or social worker.

You can download a consent form online or create your own. Check out our [Permission for Minors to Travel within the USA downloadable form](#). Specify the child's full name and address, the names and addresses of both parents, the names and addresses of the adults traveling with the child, the authorized destination and the dates of the trip. If a parent has sole custody, the parent must provide a copy of the relevant paperwork such as a death certificate or court order.

If for any reason you must send a minor on a flight without an adult, please contact customercare@gsmw.org for unaccompanied minor flight approval and instructions.

National Convention Packing Preparation:

What you pack can make or break your trip. Too much stuff and you'll have to lug around a heavy suitcase, tiring yourself out, and slowing down the group. If you forget something important, you'll find yourself missing out on something fun, or you'll feel uncomfortable and disappointed.

Follow the packing tips below to prevent misadventures!

- Know what you have to work with. Check airlines, buses, or chaperones to find out about restrictions on luggage size, weight, and carry-on.
- Go with items that are light and easy to wash. Choose an easy-care wardrobe that can be mixed and matched and adapted to unexpected occasions and unpredictable weather. Hand-washables and clothing that dries fast are good travelers. Minimize bulky items, like shoes, coats, and sweaters.
- Pass on the bling. Keep expensive jewelry at home. Avoid appliances and electronics like hairdryers and laptops that can weigh down your bag. Instead, use that space for an extra pair of contact lenses, sunglasses, socks, etc.
- Label your luggage, clothing, and equipment with your name and phone number.
- Leave a little room. Where are you going to put all the funky things you bought? And don't forget SWAPs and souvenirs. Unless you're prepared to ship things home, leave some wiggle room in your bags.
- Bring extra batteries, feminine hygiene products, and charging cords.
- Keep the important stuff close to you. Place airline tickets, photo ID, pre-paid gift cards or credit cards, phone, phone chargers, cash, medicine, contact lenses, glasses, etc. in your handbag or carry-on luggage with one spare change of clothes and a toothbrush in case your checked luggage gets lost.
- Keep a list of emergency contacts in your carry-on luggage, too. List your parents and caregivers in addition to your adult chaperones and GSMW's (406-252-0488) phone numbers.
- Take a walk around the block with all your luggage. If you come back huffing and puffing, unpack things that might not be so vital. As a rule of thumb, you should be able to run for a train with all your things.

Here's a basic checklist of what you'll need to pack for National Convention. You'll need to discuss with your troop the amount of items you should bring (i.e. how many pairs of shorts?)

Fill-in the blanks with the items you think should be added given your personal needs:

<p>Important Items:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Health History form <input type="checkbox"/> Wallet <input type="checkbox"/> Purse or money belt <input type="checkbox"/> Cash <input type="checkbox"/> Pre-paid gift card and/or credit card <input type="checkbox"/> Itinerary <input type="checkbox"/> Lodging information <input type="checkbox"/> Emergency phone numbers <input type="checkbox"/> Prescription medication in original containers <input type="checkbox"/> _____ <input type="checkbox"/> _____ 	<p>General Items:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cell phone <input type="checkbox"/> Watch <input type="checkbox"/> Umbrella <input type="checkbox"/> Calling card <input type="checkbox"/> Magazine or paperback book <input type="checkbox"/> Pen and paper or small journal <input type="checkbox"/> Addresses and stamps for postcards <input type="checkbox"/> Glasses <input type="checkbox"/> Sunglasses <input type="checkbox"/> Phone charging cord and power bank <input type="checkbox"/> _____ <input type="checkbox"/> _____
<p>Toiletries:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Toothbrush <input type="checkbox"/> Toothpaste (travel size) <input type="checkbox"/> Deodorant <input type="checkbox"/> Comb <input type="checkbox"/> Hair ties <input type="checkbox"/> Bandana <input type="checkbox"/> First-aid supplies: <ul style="list-style-type: none"> · band aids · first aid ointment · moleskin for blisters · alcohol swabs <input type="checkbox"/> Sunscreen (travel size) <input type="checkbox"/> Feminine hygiene products <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ 	<p>Clothing:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Girl Scout sash or vest <input type="checkbox"/> Dress <input type="checkbox"/> Shirts <input type="checkbox"/> Skirts <input type="checkbox"/> Pants <input type="checkbox"/> Shorts <input type="checkbox"/> Swimwear <input type="checkbox"/> Shoes <input type="checkbox"/> Pajamas <input type="checkbox"/> Underwear <input type="checkbox"/> Socks <input type="checkbox"/> Hats <input type="checkbox"/> Shoes <input type="checkbox"/> Raincoat <input type="checkbox"/> Sweater/sweatshirt <input type="checkbox"/> Backpack <input type="checkbox"/> _____ <input type="checkbox"/> _____
<p>Air Travel Items:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Airline tickets <input type="checkbox"/> Photo ID (i.e. driver's license or passport) <input type="checkbox"/> Headphones <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ 	<p>If not staying at a hotel, consider:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Towel <input type="checkbox"/> Sleeping bag <input type="checkbox"/> Pillow <input type="checkbox"/> Soap <input type="checkbox"/> Shampoo <input type="checkbox"/> Lotion

The Girl Scout Leadership Experience:

Travelling to National Convention is a big adventure! Make the most of the experience by building skills, journaling and reflecting, and earning some Girl Scout badges along the way. Be sure to check out [GSUSA's badge explorer](#) to see which badges you can earn throughout the planning, money earning, travel, and Taking Action.

Ideas and Tips For Writing a Travel Journal

Travel opens you to new cultures, perspectives, and experiences—and journaling helps you capture it all. A travel journal is simply a place to record your trips, memories, and reflections. It doesn't matter if it's a weekend getaway or an overseas adventure; your journal comes with you.

Why keep one?

- **Remember more:** Writing helps you hold onto details.
- **Learn more:** Recording observations deepens your understanding.
- **Reflect more:** Looking back helps you grow from your experiences.

Tips for travel journaling:

1. **Plan ahead** – note places, activities, and contacts before you go.
2. **Capture expectations** – jot down what you think the trip will be like.
3. **Write during** – record highlights, feelings, and details while fresh.
4. **Add photos** – pair images with stories for richer memories.
5. **Reflect after** – consider what you learned, loved, or would change.

Journal prompts to inspire you:

- Why are you going?
- What do you expect?
- What do you want to do, see, or taste?
- Who did you meet?
- What food stood out?
- Highs and lows of the trip
- What did you learn about yourself?
- What would you recommend to others?
- What would you change?
- Where do you want to go next?

We are excited for you and your Girl Scouts to embark on this adventure.

Plan, prepare, and travel with excitement. We are here to assist you. Please email

customercare@gsmw.org for any questions or further assistance. The GSMW Program Team 