

There are five key parts to a Highest Awards project; sustainability, measurability, identifying a root cause of an issue, leadership and demonstrating a national/global link. As girls progress through the Highest Awards, these key parts will look different. For the Silver Award girls should demonstrate an understanding of sustainability while planning their project as well understand the importance of connecting with community partners. Girls should also demonstrate an understanding of how to measure the impact of their project by setting goals or trying to use at least one tool to measure their impact. Girls should be able to identify at least one root cause of their community issue and be able to discuss ways to target the problem they have identified as well as begin to understand how what they are doing can have a national or global link. A Silver Award project will be done by an individual girl or by a team of up to 4 girls so girls can develop their leadership skills. For more information about the Silver Award and these key parts please review the Silver Award resources at [www.gsmw.org](http://www.gsmw.org).

### HEALTHY RELATIONSHIPS

#### 1. BULLYING PREVENTION

- Set up a conflict resolution class at an elementary school to address bullying.

### EDUCATION

#### 2. TUTORING

- Establish a peer tutoring program in your school, or at an after school care program.

#### 3. CAREER FAIR

- Hold a career day for younger kids by bringing in people from different sectors of the business community to talk about their field.

#### 4. LIBRARY READING NOOK

- Design and create a reading nook at a public/school library etc and collect books to fill the space.
- Create a reading program to be held in the new space.

### SPORTS

#### 5. SPORTS CLINIC

- Hold a sports clinic to introduce kids in low income areas to different sports.
- Have coaches/experts in the sports come and give sessions.

### ARTS, CULTURE & HERITAGE

#### 6. MUSIC CLINIC

- Hold a music clinic to introduce younger kids to types of musical instruments and music.
- Consider also teaching them the basics of music reading and playing an instrument.

#### 7. CULTURAL AWARENESS

- Plan an event or workshop that showcases how we are all alike rather than different.
- Or do a similar event/workshop about physical or mental disabilities.

#### 8. NURSING HOME DANCE NIGHT

- Learn different dances and organize a dance at a nursing home.
- Have a dance workshop prior to the dance to teach the residents different dances.

## **HEALTH**

### **9. DRUG PREVENTION**

- Organize a drug prevention program or workshop at your school or for your community.
- You could create a video to be posted on YouTube or be used in the future.

### **10. COLORING BOOKS**

- Design and publish a coloring book for hospital/clinic waiting rooms or children's shelters.
- Have a theme such as Health and Safety or Personal Hygiene.

### **11. NUTRITION**

- Create a recipe book using foods commonly distributed by the food bank and work with your local food pantry to distribute it.

### **12. SLEEP HABITS**

- Create a skit and or/short story about the importance of young children getting enough sleep, and perform your skit or read your story at a daycare or preschool facility.
- Put together a sleepy time bag for the kids – it could include a book, puzzle, game, small stuffed animal.

### **13. SKIN CANCER EDUCATION**

- Create an educational pamphlet about skin cancer and prevention to distribute to youth sports teams etc.

### **14. KIDS HEALTH DAY**

- Hold a Kids Health Day and invite doctors, dentists, nurses, EMT police, firefighters to do safety presentations about things like fire safety, bike safety, teeth, immunizations, home safety.

## **ANIMALS**

### **15. PET EDUCATION**

- Host a pet education class that talks about pet care, how to tell if it is the right time to have a pet, pet health, and educates about the importance of service animals.

## **ENVIRONMENT & SUSTAINABILITY**

### **16. RECYCLING**

- Educate students at your school about recycling and composting and work with the school cafeteria to have a recycling and composting station in an effort to reduce cafeteria waste.

### **17. REDUCING PLASTIC WATER BOTTLES**

- Petition your school to install a water bottle refilling station and educate students about the importance of keeping plastics out of the landfill.

### **18. BUTTERFLY GARDEN**

- Design a butterfly garden in your community and educate your community about the importance of butterflies in the eco-system.

## **POVERTY**

### **19. HOMELESS SHELTER**

- Learn about homelessness in your community and partner with a homeless shelter to redesign a room in their facility.

## **CIVIC ENGAGEMENT**

### **20. PARK ENHANCEMENT**

- Petition to have a handicap accessible picnic table/shelter or playground equipment for a community facility/park.